

RSE Curriculum overview

At Great Oaks, we deliver age-appropriate Relationships and Sex Education (RSE) that is appropriate for the developmental stages of our learners. Due to the varying levels of need across our three pathways there is a need for us to adapt our approach and the content of RSE to ensure accessibility for each student. Pathway managers oversee RSE for their respective pathways, ensuring that the right topics are introduced at the right time, or earlier, if necessary, based on need. We may also extend the focus on specific areas for longer periods if a particular cohort requires continued support. The table below outlines the framework for topic delivery in Pathway 3 which is adapted as appropriate for Pathways 1 and 2. In some cases the content is delivered by carefully chosen external agencies. The topics below are adapted as appropriate and it is likely that certain topics will not be delivered to the same level of depth as in mainstream schools due to the developmental levels of our students.

We aim to deliver statutory content at the appropriate level for individuals based on their stage of development. This sometimes includes 1:1 or small group session with pathway managers.

Right to Withdraw: Parents have the right to withdraw their child from certain elements of **Sex Education** up to and until three terms before the child turns 16. After this point, if the child wishes to receive sex education, they have the right to make that decision themselves. **No Right to Withdraw from Relationships Education:** Parents cannot withdraw their child from Relationships Education, as it is considered a crucial part of preparing children for life in modern Britain.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	New relationships including friendships	Developing empathy, compassion and communication in relationships <i>Including: Making and maintaining friendships, Identifying and challenging bullying, Communicating online</i>	Developing strategies to manage influence and make informed decisions for a healthy lifestyle <i>Including: Hygiene and Healthy Lifestyle</i>	Developing self-confidence, self-awareness and self-worth in relationships <i>Including: Puberty and managing change, Body satisfaction</i>	Developing a greater understanding of rights and expectations within relationships <i>Including: Relationship boundaries, Unwanted contact, FGM and forced marriage, Positive relationships</i>	Developing an understanding of online safety, drugs, alcohol and tobacco safety <i>Including: Online safety, Protecting your online identity, Stranger danger online</i>
Year 8	Developing relationship skills, including independence and time management <i>Including: Positive friendships</i>	Developing respect for beliefs, values and opinions and advocacy skills <i>Including: Stereotypes, prejudice and discrimination (Racism, Disability, Religious, Sexism, Homophobia), Promoting diversity and equality</i>	Developing an understanding around prescription and non-prescriptive drugs including alcohol and peer pressure <i>Including: Introduction to contraception, Resisting peer influence, Online choices and influences</i>	Developing an understanding of body image, mental health and emotional well-being <i>Including: Body image, Puberty, Hormonal changes</i>	Developing an understanding of identity, respect, sexual orientation within relationships <i>Including: Healthy relationships, Boundaries and consent, LGBT+ inclusivity, 'Sexting'</i>	Developing an understanding of British values, human rights and cultural identity
Year 9	Developing learning skills, decision making, growth mindset and the brain	Developing self-confidence, risk management and strategies to manage peer pressure <i>Including: Friendship challenges, Managing peer pressure, Assertive communication</i>	Developing empathy, compassion and strategies to access support for mental well-being <i>Including: Healthy coping strategies</i>	Developing the ability to manage money, awareness of financial risk and responsibility	Developing assertive communication, clarifying values and strategies to manage influences, in relation to relationships and sexual health <i>Including: Healthy/unhealthy relationships, Consent, Relationships and sex in the media</i>	Developing assertive communication, clarifying values and strategies to manage influences, in relation to relationships and sexual health <i>Including: Sexually transmitted infections (STIs), Contraception, Manipulation, Sexual exploitation</i>
Year 10	Developing self-awareness, goal-setting, adaptability and organisation skills	Developing respect for diversity, risk management and support- seeking skills <i>Including: Nature of committed relationships, Forced marriage, Domestic Violence</i>	Developing an understanding of personal safety and independence <i>Including: Online relationships</i>	Developing leadership qualities, role models and influencers	Developing a deeper understanding of relationships, impact of online content, and how to get support <i>Including: Relationship expectations, Impact of pornography, Online relationships, Social media, Identifying and responding to abuse and harassment, Where to get support</i>	Developing an understanding of families, loving relationships, family breakdown <i>Including: Families and parenting, Fertility, adoption, abortion, Pregnancy and miscarriage, Managing grief and loss, Family structures, Family breakdown, What is a loving relationship? Different forms of relationships</i>
Year 11	Developing resilience and building for the future	Developing Relationships, understanding sexual health and support services <i>Including: Relationship values, Maintaining sexual health, Sexual health services, Managing relationship challenges and endings</i>	Developing employment skills, career pathways, understanding employment rights	Developing the skills to be successful in the future	Developing confidence, self-worth, adaptability and decision-making skills	